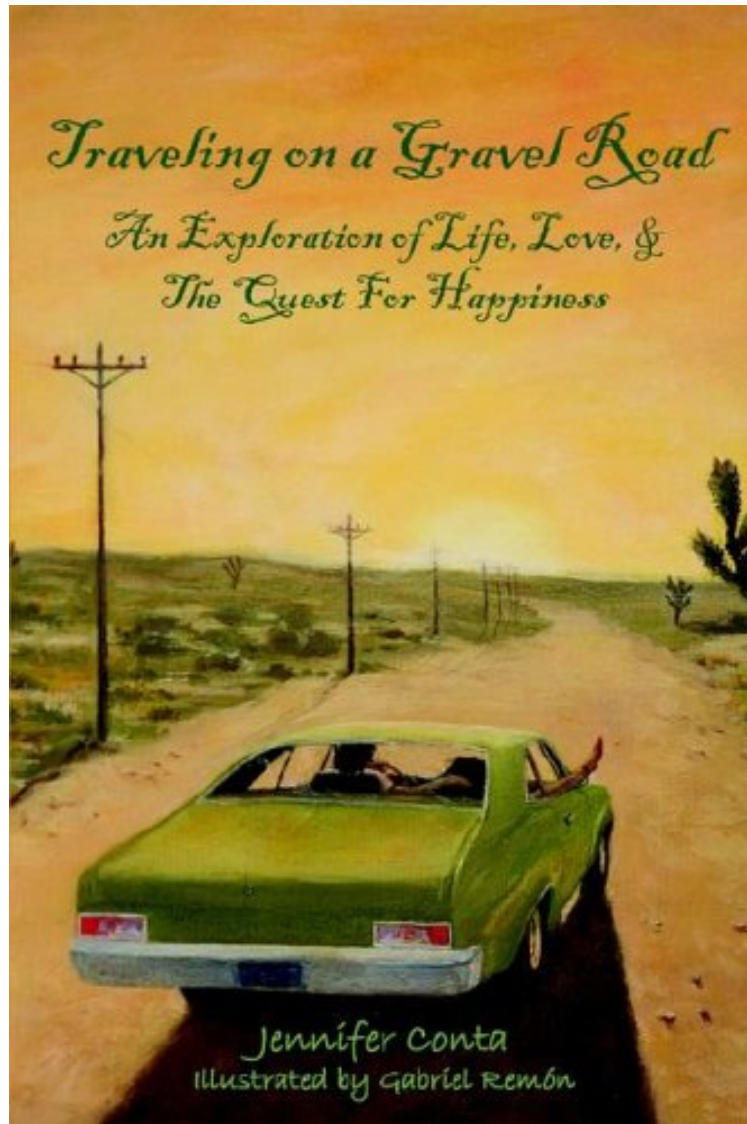


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## **Traveling on a Gravel Road: An Exploration of Life, Love, and The Quest For Happiness**

*Jennifer Conta*

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**Jennifer Conta : Traveling on a Gravel Road: An Exploration of Life, Love, and The Quest For Happiness**  
before purchasing it in order to gage whether or not it would be worth my time, and all praised Traveling on a Gravel  
Road: An Exploration of Life, Love, and The Quest For Happiness:

2 of 2 people found the following review helpful. Take My Hand. Please.By Thomas Thornton FolkesMs Conta takes

us for a beautifully written trip through some heavy emotions, which may not be familiar territory for some, especially the guys. She chooses not to drag us, however, instead to gently take us by the hand and lead us while she reveals the depth and breadth of her efforts to first confront, then understand the anguish of failed love and the struggle to regain self. She carries us along with lovely poems and essays that are lyrical, honest, and very provocative. We know, like the rest of us, that she has emerged with a few scars, but she sprinkles in enough wisdom and social awareness to let us know that she, and by inference we, will be just fine. Put this one in your carry-on. You'll wonder where the time went. 0 of 0 people found the following review helpful. something so real  
By Leei can honestly say that it's been a long long time since i read anything so honest. reading this book was like having a mother gently pat you on the head and tell you everything is going to be ok. as adults we rarely get that feeling of safety; that we're not alone in our thoughts, wants and needs, but this book did. it's comforting in a way that's not patronizing or fake. it's a beautiful reminder that we all have extraordinary and unrealistic expectations and it's ok and human and real and...life.i loved it.-lee  
3 of 3 people found the following review helpful. Excellent read  
By Angelica Dempsy  
This book was such a wonderful piece of work! Best poetry I have ever read. Identified with basic human emotions in love and relationships. So moving. Really enjoyed the sections relating to incarceration and capital punishment. Expands your mind in fascinating areas. Loved the illustrations. Couldn't put the book down. I feel more enriched because of this book. Would highly recommend.

Many of us find it difficult to overcome obstacles in our lives and achieve true happiness within ourselves. We constantly search and search for greener grass to only find ourselves falling short of true "happiness". Part of the problem is that we create unreasonable expectations, making the search for eternal bliss in our life experiences and love relationships an impossible task. If we are always searching for the hidden garden of euphoria, we will never be happy.  
Gravel Road entwines poetry and text to explore the follies and pitfalls we face in both our daily life experiences and romantic relationships and offers creative and inspirational solutions to these common dilemmas. This book also examines the mystique of physical attraction and its counterparts: love, lust, and infatuation. What causes us to feel so deeply for another human being? Why do we bore so easily in a committed relationship, yet feel an insatiable wanting for someone we barely know? Also included are selected writings about the darker side of humanity: evil and its origins, incarceration and its effects on the mind and spirit, and capital punishment vs. redemption. Is a man more than the worst thing he ever does? Gravel Road artfully touches on basic human emotion in an attempt to shed light on different perspectives and experiences and to instill wisdom and inspiration to its readers.