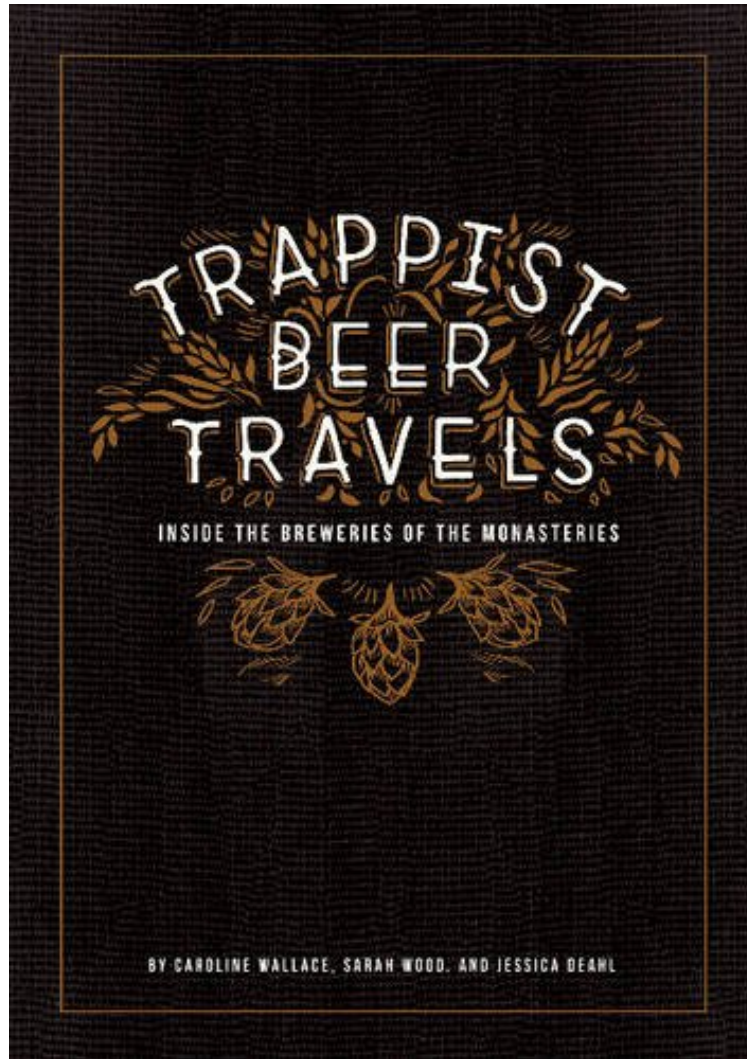


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## Trappist Beer Travels: Inside the Breweries of the Monasteries

*Caroline Wallace, Sarah Wood, Jessica Deahl*  
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**Caroline Wallace, Sarah Wood, Jessica Deahl : Trappist Beer Travels: Inside the Breweries of the Monasteries** before purchasing it in order to gage whether or not it would be worth my time, and all praised Trappist Beer Travels: Inside the Breweries of the Monasteries:

0 of 0 people found the following review helpful. Beautiful book, inside and out!By Caitlin JohnsonWhether you buy it because you love beer or you're a history buff, this will be one of the most beautiful books you own. But hey, it's not all about looks is it? This book is beautiful both inside and out. It's quite incredible what these ladies did, and I'm so happy they shared their adventures in this new book. It's a thick book, full of beautiful pictures and drawings that help tell the story and history of these trappist monks. I'm on my second re-read of this book and it's given me a whole new

appreciation beer. 1 of 1 people found the following review helpful. *Trappist Beer Travels* By Kristine Fisher *Trappist Beer Travels* by Caroline Wallace, Sarah Wood, and Jessica Deahl is a free NetGalley ebook that I read in early July. It's mildly ironic that I'm reading this book after the monumental day that Minnesota has been able to sell beer on a Sunday, but I'm otherwise unfamiliar with Trappist beer beyond my rare run-ins with a bottle of La Trappe or Chimay (which seems to be an already ample starting point). Apart from the obvious point that the title of this book makes - European monasteries creating Trappist beers - it teaches readers the Benedictine practice of the blend between faith vocation and beer not being sold for profit but for the sustainment of a monastery and charity, before going into more detail about a select 11 monasteries (including one in the U.S.) with their individual history and brewing process with the accompaniment of beautiful, supple photographs. 0 of 0 people found the following review helpful. *Trappist brews* By Phillip Schultz **Disclaimer:** I received a free ecopy via NetGalley in exchange for an honest review. What exactly is a Trappist beer? Beer nerds likely have a pretty good idea already, but for those that don't, this book answers the question nicely. The writers do a good job of explaining what a Trappist monastery is and why the monks might be interested in brewing beer. There can be some excitement about these beers because they are highly regarded and available in limited quantities. An aspect of this book that I think is really important, which the writers bring up numerous times, is that the monks aren't brewing to make a profit. Their goal is to sustain themselves and support their communities and various organizations. The monks also have a specific lifestyle to maintain that devoting full time to brewing would interrupt. These women are very respectful of the monasteries and their inhabitants throughout this book, which is fantastic to see. I loved the photos. These show off just how varied the monasteries are. Coupled with some excellent historical information, it gives a good sense of how these different locales are similar and different. There is even a short description of the different beers and how widely available they might be. My only real complaint comes in the writing style. With three creators involved, it made it kind of awkward when they tried to express a collective idea. That may just be my personal take on it though. Beer lovers should find plenty to enjoy in this book, whether they've had numerous Trappist beers or just find inspiration to pick up their first.

This combination beer journal, history book, and travelogue grants readers rare access inside monastery walls for an in-depth look at the legendary breweries of Trappist monks. Join three American beer writers as they travel the globe, and come to appreciate each abbey with a reverence informed by the brewery directors and monks themselves. Read about the origins of the Trappist religious order and the monks long enduring relationship with the art of brewing. Then, journey to the 11 abbey breweries themselves, including the expansive production facilities at Chimay, the coveted gates of Westvleteren, the ancient sun-baked walls of Tre Fontane, even America's first Trappist brewery in Spencer, Massachusetts. Learn about their histories and beers along the way, gain helpful travel tips, and enjoy both new and historical photography and original artwork capturing the spirit of each destination.

**About the Author** As three of the writers behind the popular all-women-run beer blog [BitchBeer.org](http://BitchBeer.org), Caroline Wallace, Sarah Wood, and Jessica Deahl have collectively visited hundreds of breweries, covered national beer events, and interviewed some of the biggest names in the industry.