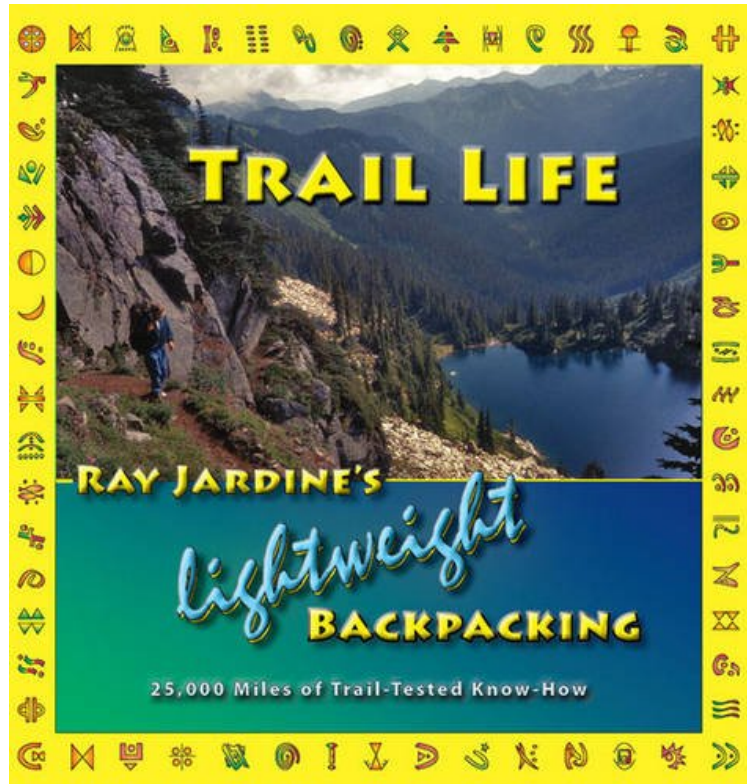


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Trail Life: Ray Jardine's Lightweight Backpacking

Ray Jardine

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Ray Jardine : Trail Life: Ray Jardine's Lightweight Backpacking before purchasing it in order to gage whether or not it would be worth my time, and all praised Trail Life: Ray Jardine's Lightweight Backpacking:

0 of 0 people found the following review helpful. Well worth the read By Scotty T This is a great book full of super ideas and some new ways to think for your backpacking adventures. You may not agree with or use everything Ray presents in this book, but it is well worth having. There is such a wealth of knowledge, teaching and experience here that you are bound to get something from it. It has helped change the way I look at and approach my backpacking trips now. They are becoming more enjoyable and less burdensome. A great buy. 16 of 16 people found the following review helpful. Trail Life By W. Isenberg Ray Jardine does it again with his updated guide to lightweight backpacking. This book is pretty definitive. Whether you are interested in trying backpacking or have years of experience, Jardine has useful information. Almost every facet of backpacking is covered from shelter and sleeping gear to clothing and innovative ways of staying dry. Jardine also emphasizes that the most expensive gear is usually not the best solution. He also discusses DIY projects for outdoor gear. If you want to start backpacking or if you'd like to find ways to reduce your packweight while increasing your mileage, this is the source. 0 of 0 people found the following review

helpful. The new standard for backpacking. By K. Feucht. What can you do? Ray Jardine remains the premier spokesman for lightweight backpacking. Some of his ideas and recommendations are a bit nutty, but then, even Ray admits that everybody needs to develop their own style, based on the principles that he provides. This is a must have, must read book for any backpacker doing more than 1-2 nights out in the woods. This replaces all the texts that I used many years ago, including those of Colin Fletcher and Harvey Manning, about backpacking.

This is Ray Jardine's new, full-colour, 2009 edition of his best-selling book "Beyond Backpacking". Now full of colour photos and diagrams, this new title reflects a multitude of updated information, detailing Ray Jardine's lightweight backpacking techniques, his gear, and his methods for enjoyable and safe trekking and camping. Sections and chapters include Packweight, Equipment, Food, Water, Trail Biology, Sewing Your Own Gear, Hiker's Well-Being, Wilderness Skills, Insects, Long-Distance Trekking, a chapter specifically for women, and much more. "Trail Life" will be the new standard reference book for the backpacker. If you have ever thought your pack weighed too much on a week long hike, this book shows hikers how to cut the weight out and explodes myths about heavy equipment. This is the most comprehensive long distance trekking guide ever written. A lightweight approach to backpacking is here to stay. "Trail Life" is for all hikers, at all levels of experience, from beginners to the most advanced. It includes 400 pages, over 50 chapters with more than 230 colour photos. The author and his wife have hiked well over 25,000 miles along all the well known trails as well as a myriad of other routes. Their experiences will prove to be an invaluable guide for those who love to hike and those who seek the solitude of the outdoors.