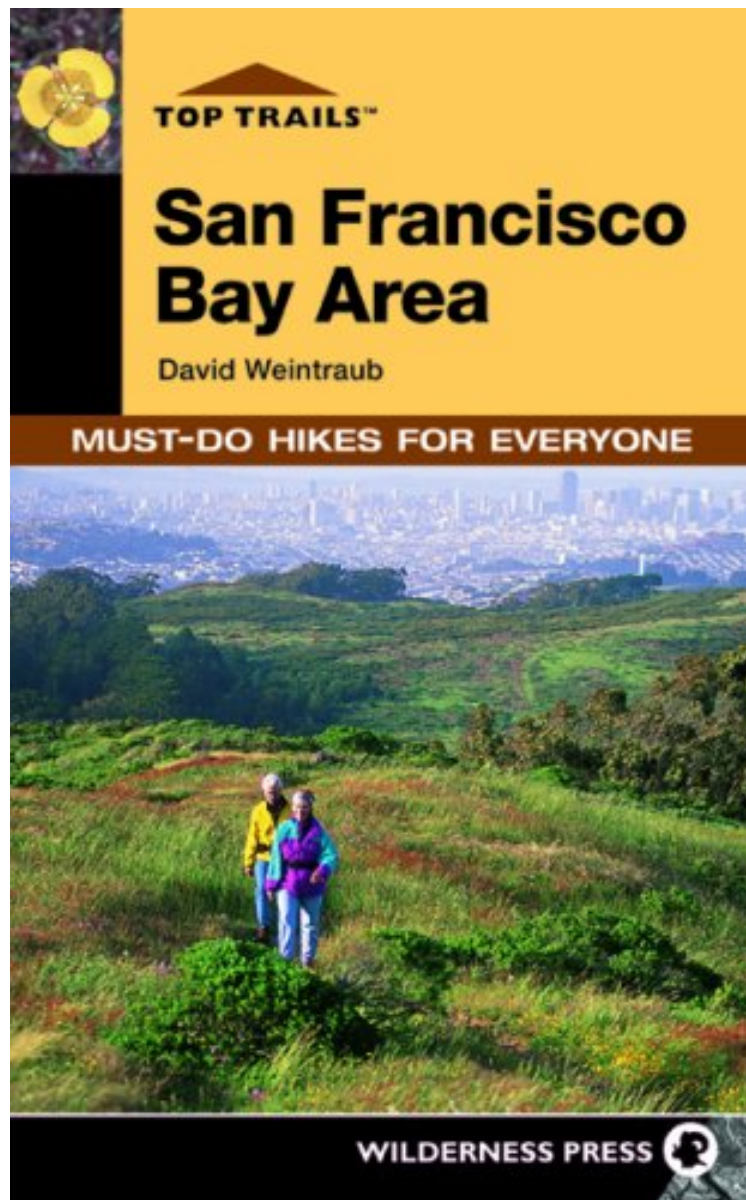


(Online library) Top Trails San Francisco Bay Area Peaks (Top Trails: Must-Do Hikes)

Top Trails San Francisco Bay Area Peaks (Top Trails: Must-Do Hikes)

David Weintraub

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David Weintraub : Top Trails San Francisco Bay Area Peaks (Top Trails: Must-Do Hikes) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Top Trails San Francisco Bay Area Peaks (Top Trails: Must-Do Hikes):

8 of 8 people found the following review helpful. San Francisco: Outdoor Destination By Fritz R. Ward I think one could plausibly argue that San Francisco and the surrounding Bay area offers more immediately accessible outdoor recreation than any other metropolis in the country. Between the Golden Gate National Recreation Area, numerous state parks, Point Reyes National Seashore, and perhaps the best regional park system in the country, the Bay Area offers the best in hiking. Several years ago, David Weintraub wrote the first edition of Top Trails San Francisco and it quickly became one of the most sought after guides to the region. Now Ben Pease, a local cartographer, has updated the original Weintraub book and the result is even better than the first edition. Like all books in the Top Trails series, this guide is not meant to be a comprehensive listing of trails in the Bay Area. Instead, this book aims to describe the best routes and introduce hikers to as many ecosystems found within the Bay Area as possible. The book, like most Bay Area hiking guides, is divided into 4 chapters: Marin and North Bay, Peninsula, East Bay and South Bay. Each chapter begins with a short snapshot of hikes covered so one can quickly find a route that suits ability and interest. All 44 trail descriptions found in this book can be done in a single day though a few (Sky Trail in Point Reyes, Frog Lake in Henry Coe State Park) allow for overnight options. Each trail then receives an extensive write up followed by a two color map, elevation profile, and list of significant milestones. Of the 44 hikes listed, I have taken five exactly as described in this book. However, I have also explored several portions of other routes. Based on what I have seen, the authors succeeded in identifying some truly choice trails in the Bay Area. The maps and mileage are accurate and the black and white photos complement the text nicely. I plan to take this book with me on my next vacation to the Bay Area. Highly recommended. 0 of 0 people found the following review helpful. Where to Walk... By HMS Warspite Who knew a major urban area such as San Francisco had so many opportunities for hiking. David Weintraub and Ben Pease apparently did, as they lay out in their well-organized "Top Trails: San Francisco Bay Area." This compact book, recently updated, identifies 44 different hikes, spread across a variety of terrain conditions, each with something different to offer the hiker and recreational walker. Preliminary chapters explain how the book is organized and the rating system used to describe the trails. The authors discuss the flora and fauna of the Bay area, along with some common hazards, safety precautions, and trail etiquette. Subsequent chapters break out the trails by area. North Bay covers Marin County and the areas north of the Golden Gate Bridge. East Bay describes the extensive network of regional parks behind Oakland and Richmond. South Bay includes the county parks and open spaces around the south end of San Francisco Bay. The Peninsula includes the open spaces south of San Francisco, and the city itself. The entry for each trail includes a map, description, elevation guide, and a narrative on what to expect. This reviewer wishes the maps had included contour lines, but the entries should have enough information to allow experienced walkers and hikers to find trailheads and navigate the trails. With year-round hiking and walking available, "Top Trails: San Francisco Bay Area" provides motive and opportunity to get and explore, and is highly recommended. 0 of 0 people found the following review helpful. ... that I've read about in this book I absolutely love it. One of the best out there By Cristina I've gone on at least 10 hikes that I've read about in this book I absolutely love it. One of the best out there

From fog-shrouded coastal hills and stately redwood groves to the windy summits of Mt. Tamalpais, Mt. St. Helena, and the pastoral East Bay Hills, the San Francisco Bay Area abounds with natural beauty, wildlife, and scenic vistas--and thousands of miles of well-maintained trails. Top Trails San Francisco Bay Area is your portable guide to the very best trails in the Bay Area. Longtime San Francisco residents and intrepid hikers David Weintraub and Ben Pease have selected 44 "must-do" trips for hiking, running, and bicycling. Trails range from easy strolls to all-day treks, from 2 to 12 miles, covering the most scenic parks and preserves between Santa Rosa and San Jose. The second edition features new hikes in Muir Woods and the Presidio, more elevation profiles, and fully-revised maps. At-a-glance information helps you find the best wildflowers, fall color, bird-watching, camping, historic sites, and cool hikes for hot days.

About the Author David Weintraub is a writer, editor, and photographer. His other Wilderness Press titles are North Bay Trails, Monterey Bay Trails, Top Trails: San Francisco Bay Area, Afoot Afield San Francisco Bay Area, and Adventure Kayaking Cape Cod and Martha's Vinyard. Benjamin Pease is a cartographer and trail advocate based in San Francisco. He has explored Bay Area parks and trails for more than 30 years. Ben has created countless maps for Wilderness Press books, and he publishes a series of Pease Press trail maps, which champion lesser-known Bay Area parks.