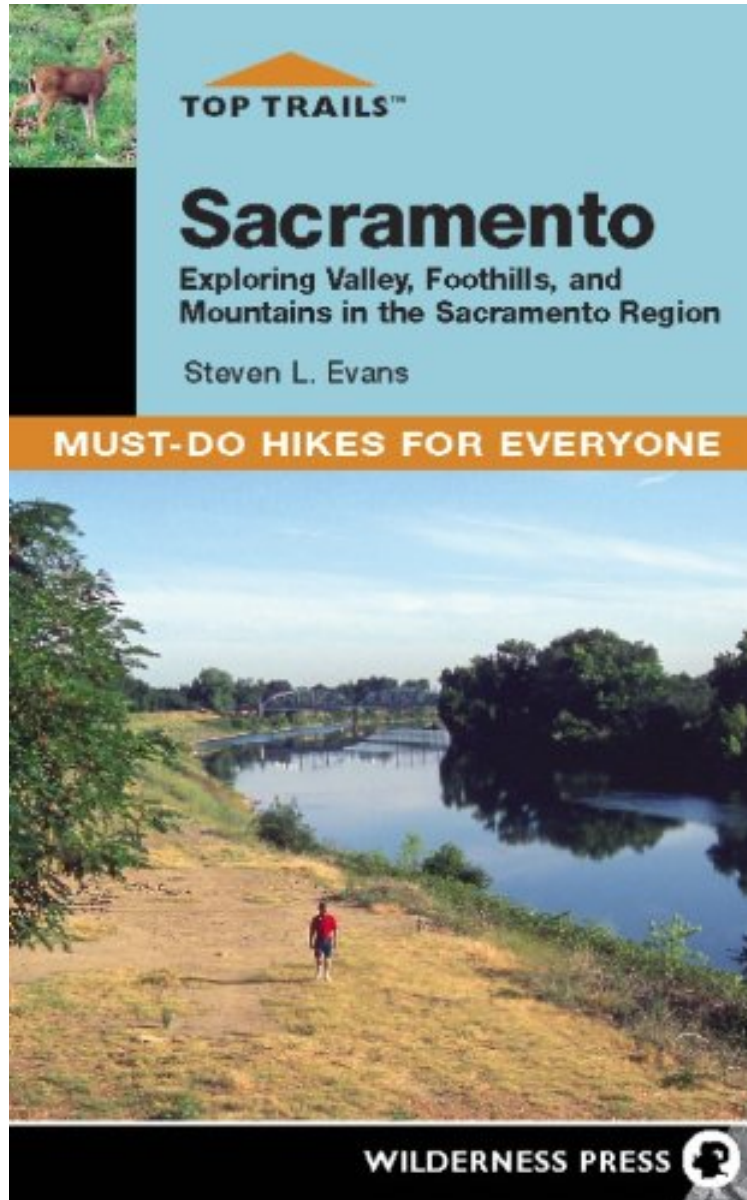


[Pdf free] Top Trails: Sacramento: Must-Do Hikes for Everyone

Top Trails: Sacramento: Must-Do Hikes for Everyone

Steve Evans

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Steve Evans : Top Trails: Sacramento: Must-Do Hikes for Everyone before purchasing it in order to gage whether or not it would be worth my time, and all praised Top Trails: Sacramento: Must-Do Hikes for Everyone:

21 of 22 people found the following review helpful. a great guide that inspires you to get outside!By riverladyA lot of people think of Sacramento as a place that is "close" to everything -- the Bay Area, skiing, the Sierra -- but nothing to write home about. This book shows that Sacramento is a place in its own right for outdoor lovers. It has easy hikes for

families and challenging ones for people who aren't shy about a little elevation gain. There are some Sierra gems -- after all, Sacramento is too close to the Sierra NOT to include some spots. But the book's great asset is in showing people what's close to home: where to go on the American River trail (on foot or bike), the Gold Country and in the flatlands. The author is an engaging writer and his descriptions are lovely enough to make you feel like you've gotten a little exposure if you don't get beyond armchair exploration. There's also essential stuff, such as whether DOGS are allowed (yay!), and where to find waterfalls.

0 of 0 people found the following review helpful. Five Stars
By ciakcool3
of 5 people found the following review helpful. Essential Book for the Weekend Hiker But Could be Improved
By Fred Fandango
This book is essential for anyone who enjoys taking weekend hikes in the Sacramento region. I've walked many of the trails, representing the classic day hikes in striking distance from Sacramento, Davis or Winters. The book is logically organized and accurately describes many aspects of each of the hikes. However, that is not to say that this book couldn't be improved. The regional maps and the local maps are too rudimentary. And, the driving directions are incomplete. You can't easily and reliably follow them to the trail head and they don't provide anywhere near enough information to keep you on the trail during the hike. I find that there is lots of trial and error. I'd appreciate more attention to getting to the hike and less description of every twist and turn of the trail. Do people really follow the book while they are hiking? Of course, when there is a fork in the trail, the description in the book is essential and it would be terrific to have these better highlighted. Amazingly GPS coordinates of the trailheads are not included -- it would be so easy to set the GPS and go (rather than struggle with the book while on the highway). This is the kind of book that would be better looseleaf -- it seems silly to carry the entire book while hiking. Also, I wish the typeface was larger so that I could read the book without glasses while on the trail. On days when I am well organized, I'll photocopy the relevant pages and slip them into my pocket. I hope that the author publishes a second edition of this book that every Sacramento weekend walker can't live without.

Near Sacramento, numerous trails access the Central Valley's wildlife-filled wetlands and traverse riverside forests and grasslands. In the Coast Range and Sierra foothills, trails lead to scenic waterfalls, wildflower-studded meadows, and high mountain lakes. Longtime Sacramento resident and intrepid hiker Steve Evans has selected the 43 "must-do" hikes, the majority of which are within two hours of the city. Whether you're looking for a scenic stroll, a full-day adventure, or even a spectacular alpine peak-bagging trip, you'll find it here. Trails ranging from 1 to 10 miles and sea level to 9000 feet, and each trip includes elevation profiles, detailed maps, driving directions, and "don't get lost" trail milestones.

About the Author
Steve Evans was born and raised in the Mojave Desert near the typically dry Mojave River. So when he moved up to Northern California in the 1970s to go to college, he discovered that most rivers actually had water and fish in them. He began exploring the wild places of the Sierra Nevada and when he discovered that many of them were threatened by logging and other development, he became a full time environmental activist as well as a hike leader for the Sierra Club. Steve's environmental activism has always been motivated by the need to protect the wild places that have so generously provided him many outstanding outdoor experiences. Steve has been hiking and backpacking Northern California trails and running its rivers for more than 30 years. As a resident of the Sacramento region for the last 20 years, he is familiar the many trails in the valley, foothills, and mountains beloved by Sacramentans. It took Steve three years to hike the more than 235 miles of trails in Top Trails Sacramento, while continuing to work full time for Friends of the River (California's statewide river conservation organization). It's no coincidence that many of the trails lead to or follow some of the most scenic rivers and streams in the region. Top Trails Sacramento is Steve's first book for Wilderness Press.