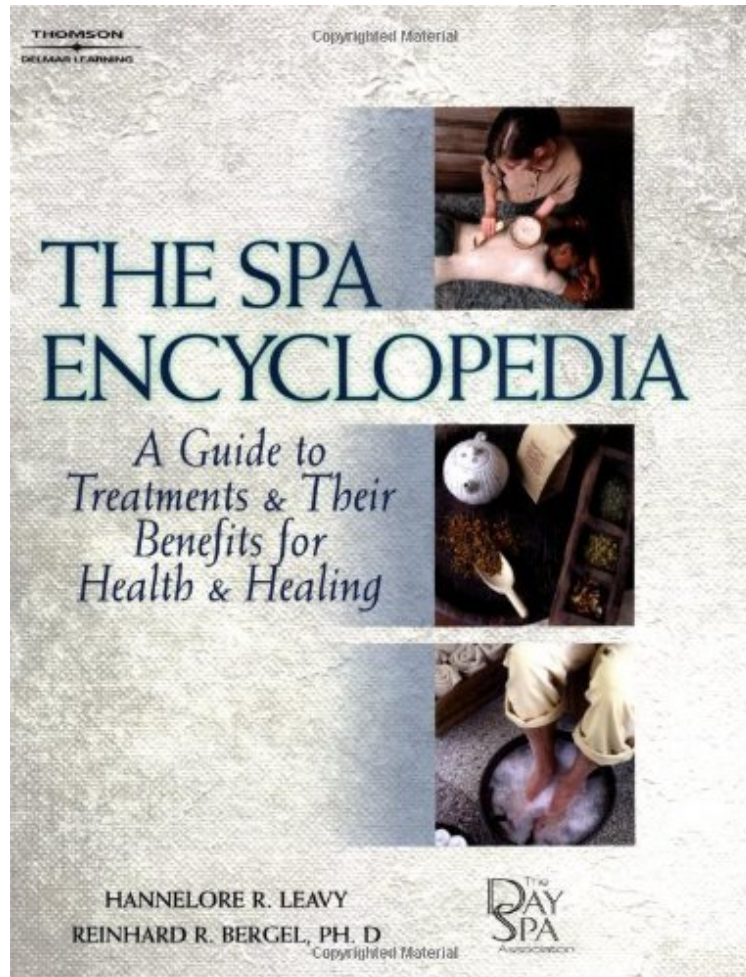


# The Spa Encyclopedia: A Guide to Treatments Their Benefits for Health Healing

*Hannelore R. Leavy, Ph.D. Reinhard R. Bergel*  
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**Hannelore R. Leavy, Ph.D. Reinhard R. Bergel : The Spa Encyclopedia: A Guide to Treatments Their Benefits for Health Healing** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Spa Encyclopedia: A Guide to Treatments Their Benefits for Health Healing:

7 of 7 people found the following review helpful. Poor choice all around.By J L MulliganThis book is not good as a text books for spa treatment classes nor for self study in treatment protocols. I am massage therapist who has a worked in and managed a spa, and I teach classes at a local healing arts school. I had purchased the book looking to expand our spa treatment class for our students in the massage therapy program. I would not suggest this book to anyone.0 of 1 people found the following review helpful. Five StarsBy Danigreat0 of 2 people found the following review helpful. "The Spa Encyclopedia: A Guide to Treatments Their Benefits for Health and Healing"By Marija M.I needed this

book for professional and educational purpose. This issue fulfilled my expectations. Besides the price was definitely acceptable.

For advanced courses in spa management, holistic health, or as a special course in massage programs, the authors give a "whole body" approach to various spa treatments not found in any other book. The Spa explains a variety of spa treatments and describes their therapeutic effects on the mind and body of the client. Each treatment description lists contraindications and equipment needed, and guides professionals and clients step-by-step through procedures. Health care students interested in mind/body connection and alternative therapies will find the book useful in understanding the specifics of spa treatments, including benefits and cautions.