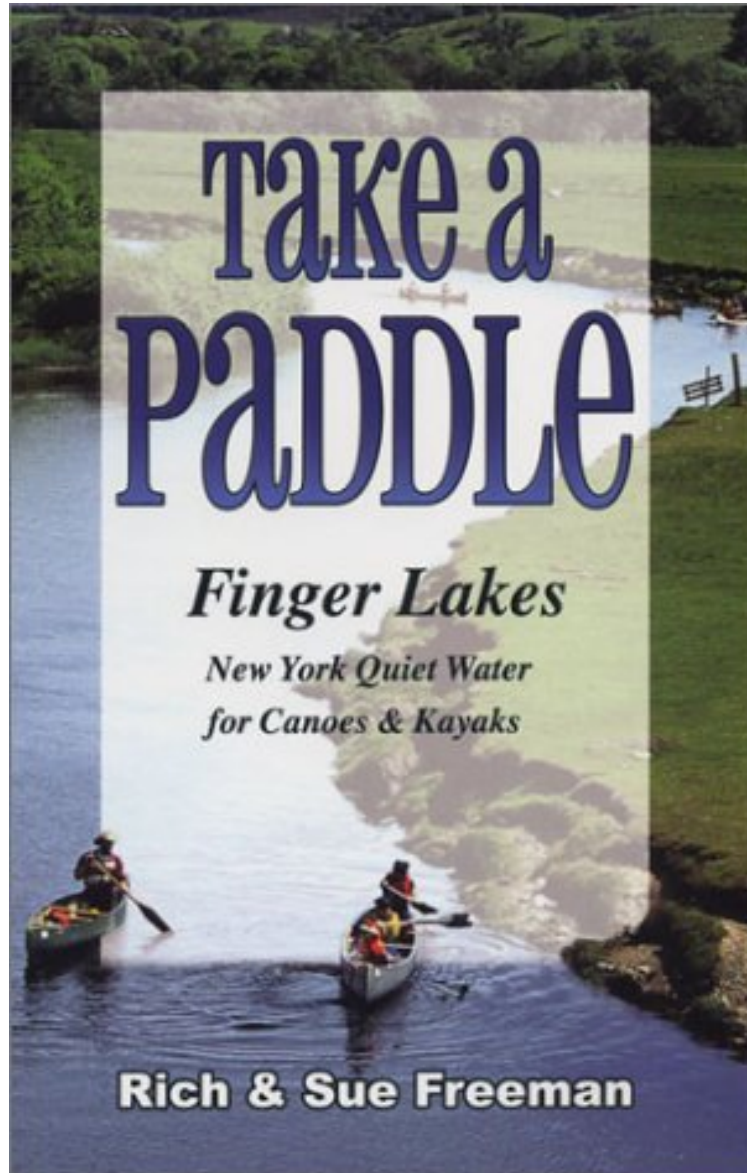


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# Take a Paddle: Finger Lakes New York Quiet Water for Canoes Kayaks

*Rich Freeman, Sue Freeman*

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**Rich Freeman, Sue Freeman : Take a Paddle: Finger Lakes New York Quiet Water for Canoes Kayaks** before purchasing it in order to gage whether or not it would be worth my time, and all praised Take a Paddle: Finger Lakes New York Quiet Water for Canoes Kayaks:

1 of 1 people found the following review helpful. Great Resource By Peggy My husband and I love this book. It has

many great features, including a map in the front that indicates all the reviewed locations, (we start here to decide how far we want to travel) different places for put in/take out, (including the amount of parking available and whether there's a fee to park) interesting facts, (ie: the release of river otters in one of the lake outlets, along with a website to go to report if you see one during your paddle) and great safety info. We are new to kayaking, so the safety info has been very valuable ... we would have found out the hard way how much a lake can change - challenge wise - if wind kicks up .... but thanks to this book there were no surprises. Our last time out was a hot day, so we intentionally chose a lake the book warned could become quite choppy. When we got there the water was like glass, but we stuck close to shore just in case and sure enough, on our way back a breeze kicked up, and it was amazing to see how quickly the lake turned into whitecaps! Since we had planned for this, we enjoyed riding the waves and getting wet from the ones that crashed over our boats ... but if it had been a cold day or if we had strayed too far offshore, this fun adventure could have turned into something far more dangerous. 1 of 1 people found the following review helpful. Great resource for paddlers  
By ReneB  
Being an outdoors person I thought I knew the better spots to go kayaking around our area. I am glad I purchased this book because I've learned some new spots to go to as well as finding out some helpful details (e.g. other good places to park, details about an area) about some of the lakes I did already visit. 1 of 1 people found the following review helpful. Four Stars  
By luvmisun  
Great info, just wish someone updated it. Still good guide.

**A Comprehensive Paddling Guide to Flat-Water Ponds, Lakes, Streams and Rivers in the Finger Lakes Region of New York**  
Slide the bow of your canoe or kayak across the shore of a grass-lined pond or the gravel shore of a stream. Dip your paddle into the cool, still water and glide downstream to enjoy the solitude and explore hidden pools and alcoves. Perhaps circumnavigate an island, see eagles flying above, voyage through a historic Erie Canal aqueduct, enjoy the splash of fish darting below your boat or spot a deer standing in the creek around the next bend. The discoveries are almost endless from water level. Take a Paddle Finger Lakes New York Quiet Water for Canoes Kayaks is a map-filled guide for beginning and intermediate paddlers. And for anyone who enjoys the pleasures of a flat-water paddle. It will lead you to 35 ponds and small lakes and over 370 miles of streams and rivers. Head out for a fun adventure knowing: -where multiple launch and take-out sites are located -the difficulty level of each waterway -where to view current water conditions on the Internet -the approximate time it will take to paddle -amenities and fun diversions found nearby for yourself and your children -where to camp next to or near the waterway -when is the best season to paddle each waterway -where to rent canoes or kayaks -where to find commercial shuttle services

**About the Author**  
Rich and Sue Freeman, decided to make their living from what they love-being outdoors. In 1996 they left corporate jobs to spend six months hiking 2,200 miles on the Appalachian Trail from Georgia to Maine. That adventure deepened their love of the outdoors and inspired them to share this love by introducing others to the joys of hiking. Since most people don't have the option (let alone the desire) to undertake a six-month trek, they decided to focus on short hikes near home. The result was the first edition of "Take A Hike! Family Walks in the Rochester Area." They went on to explore hiking, bicycling, skiing, and snowshoeing trails, waterfalls and now waterways for paddling throughout central and western New York State. They have written 10 guidebooks. Rich and Sue are active members of several area outdoors groups. In addition, their passion for adventure continues. They have hiked the 500-mile-long Bruce Trail in Ontario, Canada, hiked on the Florida Trail, hiked across northern Spain on the Camino de Santiago Trail and hiked a 500-mile section of the International Appalachian Trail in Quebec, Canada. They have trekked to the top of Mt. Kilimanjaro, the highest mountain in Africa. Recently (in addition to kayaking hundreds of miles of New York's waterways), they hiked the tropical forests and volcanic peaks of wild Hawaii. On bicycles they have crossed New York State on the Erie Canalway Trail and pedaled the CO Canal Trail from Washington D.C. to Cumberland, Maryland. The Freemans regularly present slide shows about their adventures. For the current schedule see Event Schedule. They also publish a free, monthly electronic newsletter on outdoor recreation in central and western New York State. Since beginning their new careers writing and publishing guidebooks, the Freemans have pared down their living expenses and are enjoying a simpler lifestyle. They now have control of their own destiny and the freedom to head into the woods and waterways for a refreshing respite when the urge strikes. Still, their life is infinitely more cluttered than when they carried all their worldly needs on their backs for six months on the Appalachian Trail.