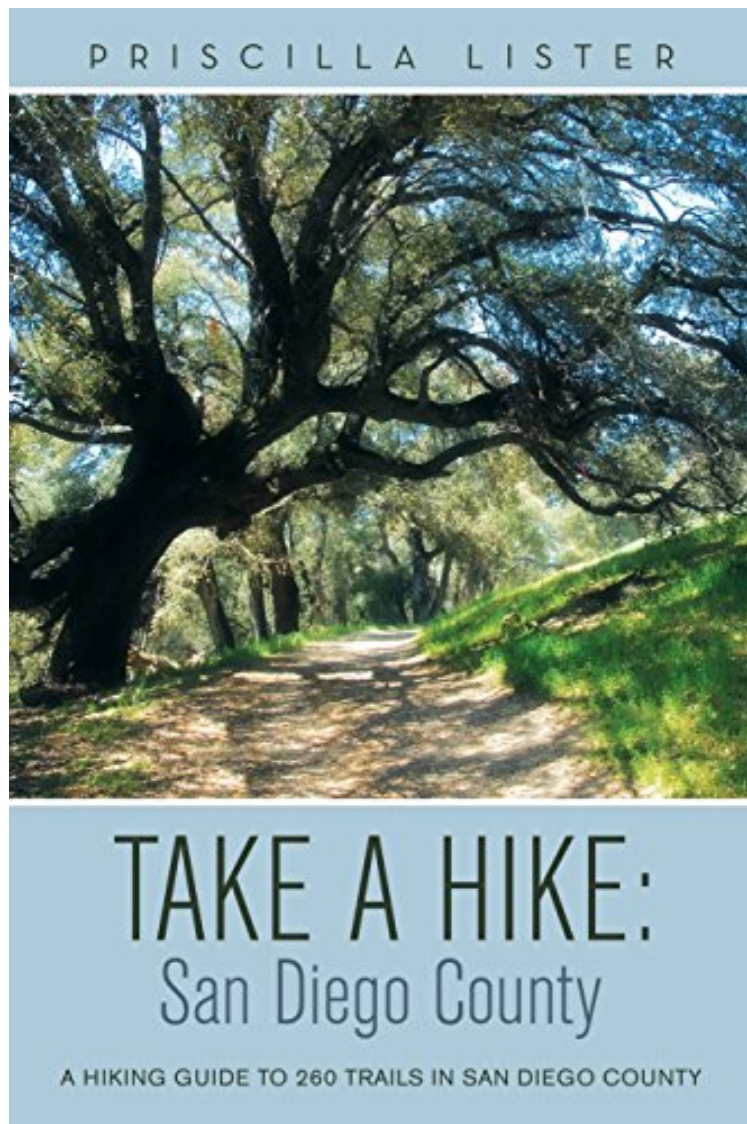


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Priscilla Lister

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Priscilla Lister : Take a Hike: San Diego County: A Hiking Guide to 260 Trails in San Diego County before purchasing it in order to gage whether or not it would be worth my time, and all praised Take a Hike: San Diego County: A Hiking Guide to 260 Trails in San Diego County:

1 of 1 people found the following review helpful. Well worth the money. By Hippiechk64I am an avid San Diego

County hiker, and I really thought I'd hit most of San Diego's trails in the 20+ years I've been hiking. Boy was I wrong. This book is filled with hikes I never knew about. I highly recommend this book to hikers who feel as though they have "been there, done that." Great job, Priscilla Lister! 0 of 0 people found the following review helpful. It is super heavy so you would never carry it with you ...By Denise Seymour Gave it to my husband as a gift. It is super heavy so you would never carry it with you on a hike. The descriptions are pretty good. Mostly wanted to find some local hikes that were in my range , not too hard , not too easy , but just right ! I heard the author on NPR and that is what made me order this guide. She was claiming there were lots of hikes in San Diego county that fit the description i was looking for! 1 of 1 people found the following review helpful. Great book for local hikes. By Customer We like hiking new trails in San Diego County and this book lists many new places to try that don't seem too difficult to find. We have already gone on one hike and the directions were easy to follow.

Few places on the planet can boast the diversity of natural landscape found in San Diego County. From the enormous Anza-Borrego desert to the Peninsular Range of mountains to the coastal wetlands of the Pacific Ocean, the breadth of San Diego County's environment is truly remarkable. Priscilla Lister, seasoned journalist, former newspaper columnist and avid hiker, guides others down 260 trails that offer beautiful scenery, physical challenges and an up-close experience with natural flora and fauna. You'll find trail directions as well as historical tales about the natives and pioneers who once hiked the region. She also identifies trees, wildflowers and birds you'll find on every trail. Included with each entry are driving directions, mileage and difficulty of each hike, whether dogs or horses are allowed and information on how to download trail maps. *Take a Hike: San Diego County* is a comprehensive hiking guidebook that shares advice, tips, and tools that will entice exploration of one of America's most diverse and beautiful regions.

About the Author Priscilla Lister is a native San Diegan and longtime journalist for local newspapers. She wrote the *Take a Hike* column for the San Diego Union-Tribune for more than six years. When Priscilla is not hiking, she travels the world and writes about those adventures. This is her first book.