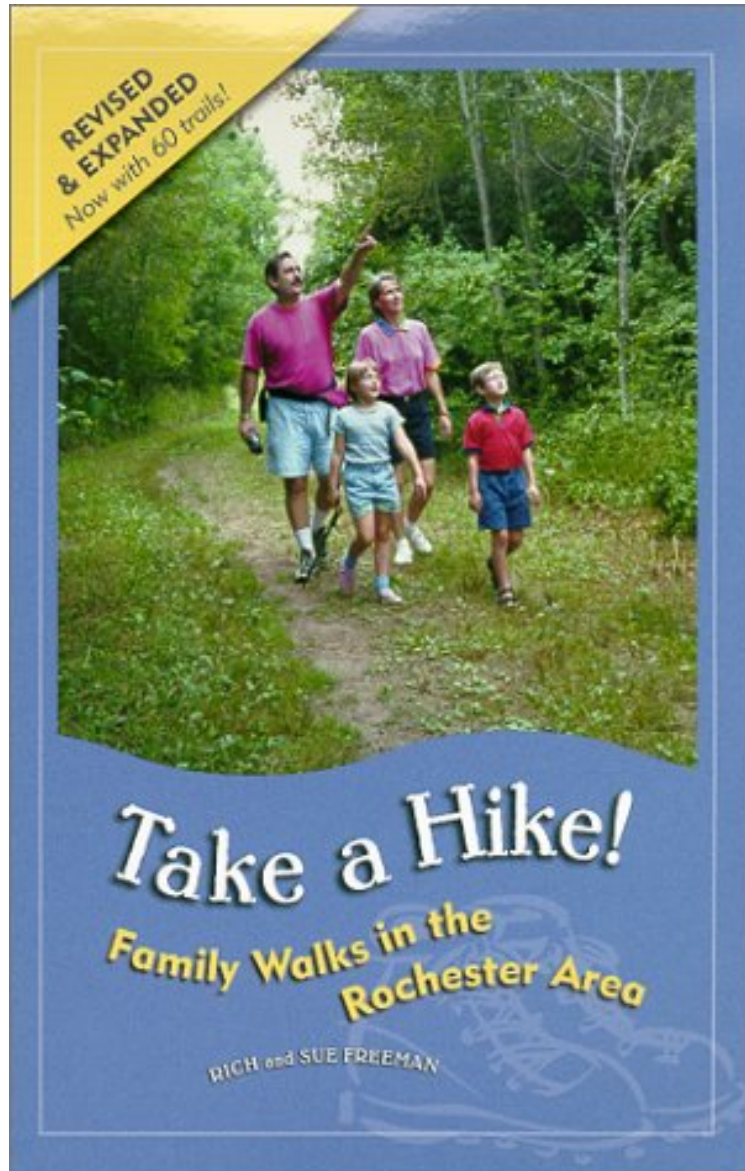


(Download) Take a Hike! : Family Walks in the Rochester Area

Take a Hike! : Family Walks in the Rochester Area

Sue Freeman, Rich Freeman

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#2660984 in Books FOOTPRINT PRESS 2000-04-05Original language:EnglishPDF # 1 .66 x 5.52 x 8.52l, 1.00 #File Name: 0965697479256 pagesTake A Hike- Rochester Ny | File size: 69.Mb

Sue Freeman, Rich Freeman : Take a Hike! : Family Walks in the Rochester Area before purchasing it in order to gage whether or not it would be worth my time, and all praised Take a Hike! : Family Walks in the Rochester Area:

0 of 0 people found the following review helpful. Great book -- the foundation for our summer plans!By A. AllenMy husband, who is a teacher and home with the kids all summer, has a hiking morning with them once a week, using this book as his guide. Everyone loves it. The kids were 4 and 6 last year when they started and I think this is something

they will enjoy for years. I can't believe how many trails are so close by and so interesting in different ways, and I can't imagine how we'd know about them otherwise. No one with kids wants to just set off on a walk and have no idea how far it will go before looping back! Never hiked with young kids? Doesn't seem fun? Try it. They love looking for the trail blazes, and feeling like they are exploring. Let them lead and explore, and rather than dragging their feet grumping about the walk, they are peaceful and happy. (However, our kids do not consider it a hike unless it is in the woods. Fortunately, this book describes the scenery and terrain.) I appreciate this book even more since the kids have wanted to hike while we were visiting my parents south of Buffalo. That area offers a lot of interesting parks as well as Zoar Valley and Allegany State Park, but getting information about trails is tough. My biggest complaint about this book is that we got spoiled and we want the same sort of information about every park and trail in the state! 0 of 0 people found the following review helpful. Great Book for Hikes By Diana Arencibia I liked this book so much I bought it again when my cat peed on the first copy. I appreciate the time the authors took to write down the history, really makes the trail even more interesting. Sometimes it's hard to figure out where the turn off is but that is more likely due to the trail maintenance than the book itself (or user error). All in all, a great guide for walking Rochester trails. 0 of 0 people found the following review helpful. Appreciate the effort By Sagely Diva While I certainly appreciate the effort, and the passion the authors have to spread the good word about good hiking trails and walks in the local area, the maps are at times inconsistent with trail markings, trail heads are not well described or directed, and further notation as to whether more detailed trail maps are available from a park site, etc... would be helpful. This is not an easy to follow book if one does not already know about the trail in question.

CAUTION: A third edition of this book now exists, search on ISBN # 9781930480148 This is the Second Edition - Covering 60 Trails, Including 25 New Trails The walks, rambles, strolls, and hikes in this book are designed for people who delight in exploring unique or little-known places. The trails lead through forests, fields, marshes, hills, and arboretums where you can enjoy the natural world. This book will help you learn more about Rochester, NY history, get much-needed exercise, introduce children to the joys of nature, or find new places to walk your dog. Don't stash it away in winter either. Many of the trails are good for cross-country skiing and snowshoeing. With this guide, you'll be able to explore the Rochester area with ease and confidence. Each of the 60 walks is rated for difficulty, type of terrain, and described by length and estimated time required. In addition, you'll know how to easily find the trails and parking. Whether young or young at heart, you can enjoy the adventures this guide brings to life.

"Imagine hiking through the Lost City of Tryon, navigating Plaster Woods, and exploring Hardwood Swamp. Such names conjure images of exotic getaways. But actually, these are local hiking trails featured in Take A Hike!" -- Ellen Rosen, Rochester Democrat and Chronicle "Imagine hiking through the Lost City of Tryon, navigating Plaster Woods, or exploring Hardwood Swamp. Such names conjure images of exotic getaways. But actually, these are local hiking trails featured in Take A Hike!" -- Ellen Rosen, Rochester Democrat and Chronicle "Its rare as a book reviewer that you find something to rave about but then that's what makes a special catch so special. Such a book is Take A Hike!. You know you've found a good hiking guide when the corners of the pages are well-thumbed and there are bookmarks and souvenirs (like pressed leaves) in between pages after only a few months." -- Jillian St. Jacques, The Greece Post "The greater Rochester area has plenty of trails for you and the kids to enjoy and explore the great outdoors. And locating those trails has never been easier thanks to Take A Hike!" -- Beth Pessin, Genesee Valley Parent "You know you've found a good hiking guide when the corners of the pages are well-thumbed and there are bookmarks and souvenirs (like pressed leaves) in between pages after only a few months." -- Jillian St. Jacques, The Greece Post About the Author The authors, Rich and Sue Freeman decided to make their living from what they love hiking and bicycling. In 1996 they left corporate jobs to spend six months hiking 2,200 miles on the Appalachian Trail from Georgia to Maine. That adventure deepened their love of the outdoors and inspired them to share this love by introducing others to the joys of hiking. Since most people don't have the option (let alone the desire) to undertake a six-month trek, they decided to focus on short hikes, near home. The result was the first version of Take A Hike! Family Walks in the Rochester Area. They went on to explore hiking and bicycling trails throughout the central and western New York State region. Rich and Sue have been active members of Victor Hiking Trails since its inception. They continue to do trail work and participate with other local trail groups as well. In addition, their passion for long distance hiking continues. In 1997 they thru-hiked the 500-mile long Bruce Trail in Ontario, Canada. In 1998 they bicycled across New York State, following the Erie Canalway Trail and 1999 found them hiking a segment of the Florida Trail. Since beginning their new career writing and publishing books, the Freemans have pared down their living expenses and are enjoying a simpler lifestyle. They now have control of their own destiny and the freedom to head into the woods for a refreshing respite when the urge strikes. Still, their life is infinitely more cluttered than when they carried all their worldly needs on their backs for six months on the Appalachian Trail.