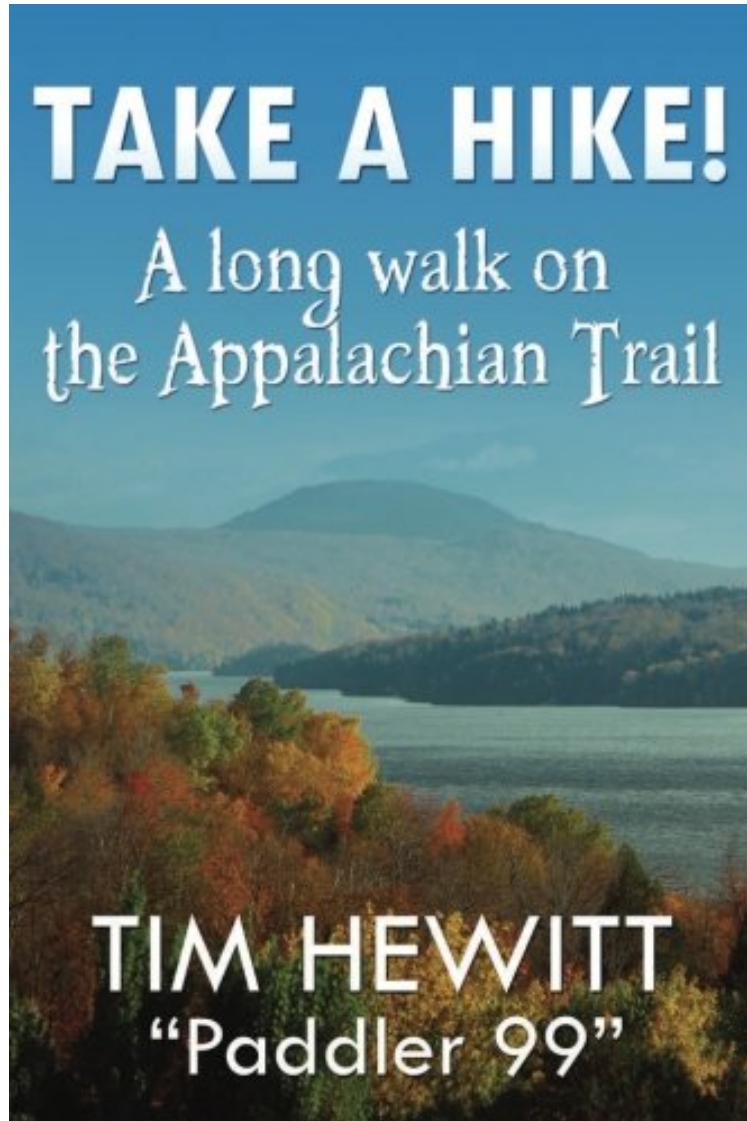


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Take a Hike!: A long walk on the Appalachian Trail

Tim Hewitt

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Tim Hewitt : Take a Hike!: A long walk on the Appalachian Trail before purchasing it in order to gage whether or not it would be worth my time, and all praised Take a Hike!: A long walk on the Appalachian Trail:

2 of 2 people found the following review helpful. AverageBy Kindle CustomerAs an arm chair hiker and adventurer I have read many many books penned by those who actually do the deed. This is not among the best. But I do think the author is a moral and principled man . He did not do many 20 mile days and eats frequently at restaurants and stays in hostels or hotels . It was okay for weekend read in the middle of winter and the price is quite affordable. This man is not a writer he is more of a hiker .3 of 3 people found the following review helpful. Good read!By CustomerEnjoyed

reading the daily trail journal. It lets you feel like you are along for the hike sharing in the pain, frustration, and the successes. It is also interesting to see the differences in the way Spotted Bear recounted his days. 1 of 1 people found the following review helpful. Four Stars By Mark Mastrangelo Not finished reading this yet. Working on 4 different books currently.

Take a Hike! is the story of one man's journey on the 2167 mile long Appalachian Trail. Tim Hewitt, whose trail name was Paddler, talks about trip planning and preparation and shares with you his daily journal for his six month adventure. He is joined on the trip by his thirteen year old son David for five weeks in the summer. David's journal and perspective are also included. This book is not intended to be an all-inclusive planning guide for your Appalachian Trail thru-hike, but it does contain information that the author believes will help you to plan and succeed in your own long distance hiking adventure. Bonus chapters bring you a sample of Tim's creative writing talent as well, as he introduces you to the mythology of the Cherokee Ugalu, and the Penobscot Pamola, two spirit-beasts that haunt the Appalachian Mountains. These short stories are also available in the stand-alone book; Appalachian Trail Myths: The Ugalu Pamola.

About the Author Tim Hewitt lived in Maine when he undertook this journey of a lifetime, and thru-hiked the Appalachian Trail under the trail name Paddler in 1999. A software engineer and engineering manager by trade, Tim's love of the outdoors has kept him in the woods, fields and streams all of his life. After spending nearly six years living in Malaysia, he currently lives in North Carolina, and enjoys getting out into the mountains as much as possible when he is not writing.