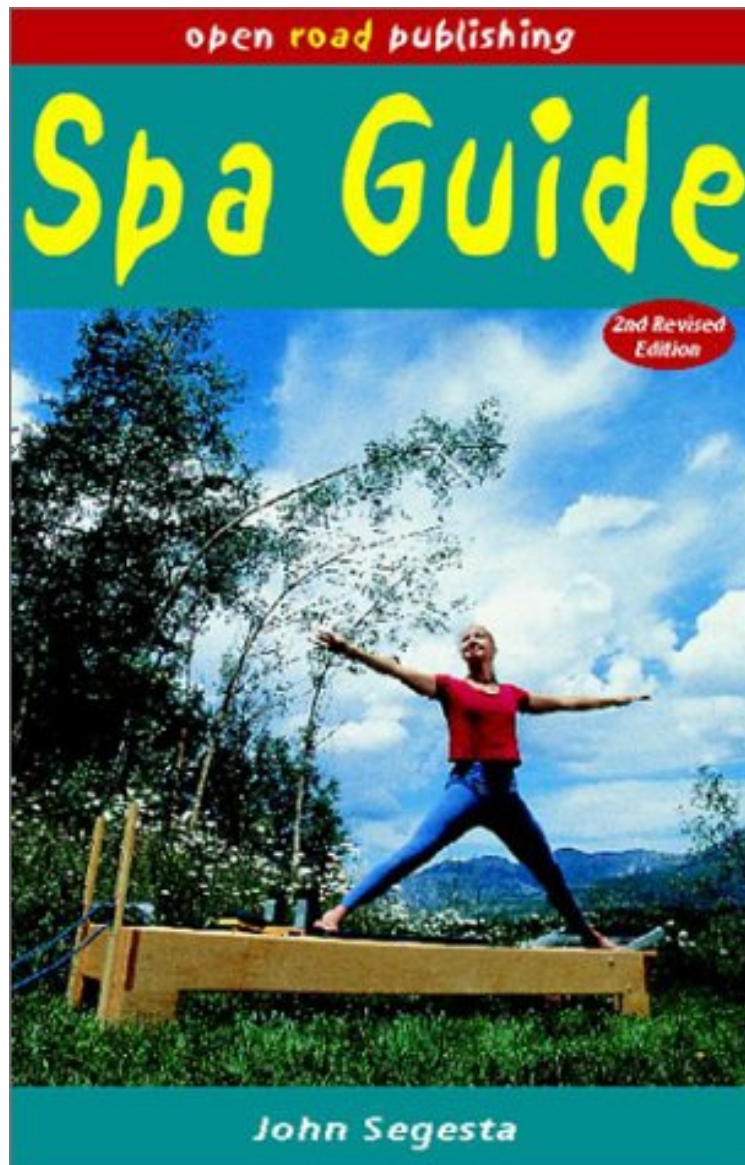


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Spa Guide,3rd Revised Edition

John Segesta

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John Segesta : Spa Guide,3rd Revised Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised Spa Guide,3rd Revised Edition:

This guide explores nearly 100 spas, mostly in the USA, including day spas and hotels with spa facilities. It ranges from upscale Canyon Ranch in Tucson to The Peaks in Telluride, to more affordable spas like Birdwing in Minnesota

or Deefield in Pennsylvania. Each entry lists a complete description, including price, address, telephone number and Web sites, available services, special features and amenities, meal plans, accommodations and package options. There is also a glossary of spa terms for newcomers.

About the AuthorJohn Segesta is an editor and writer at Triathlete Magazine, and has also been a fitness trainer, running coach and spa consultant.