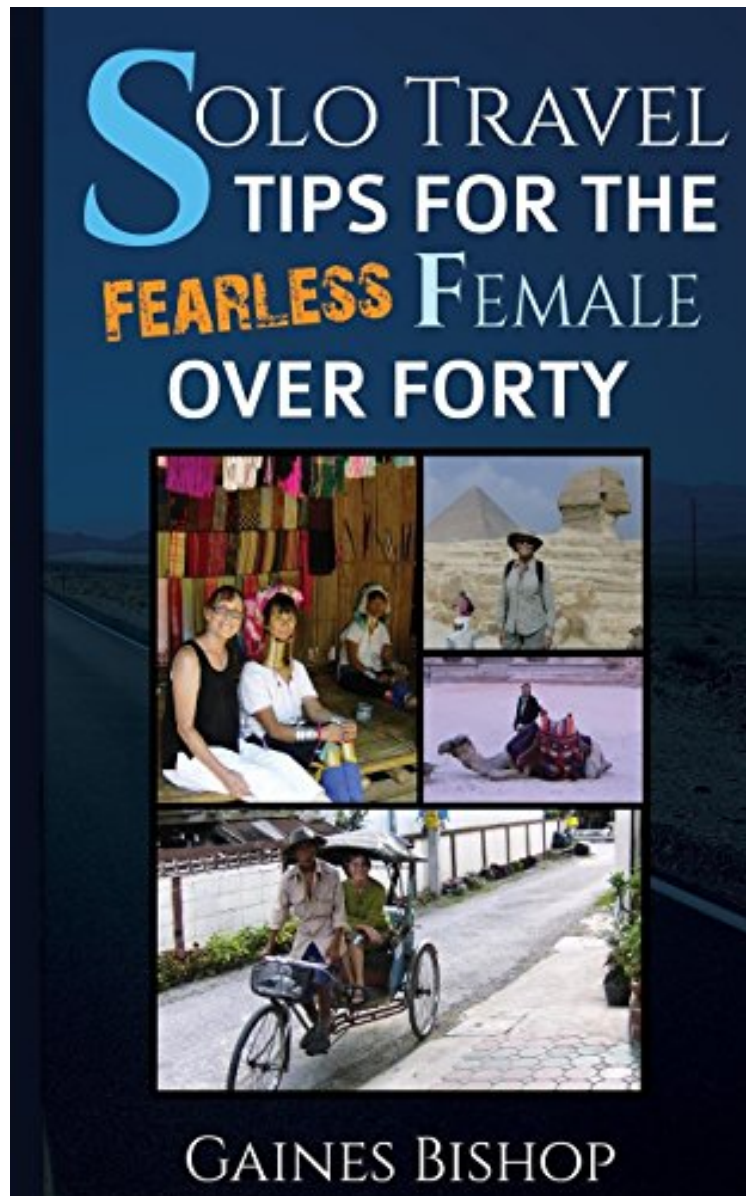


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Gaines Bishop : Solo Travel Tips for the Fearless Female Over Forty before purchasing it in order to gage whether or not it would be worth my time, and all praised Solo Travel Tips for the Fearless Female Over Forty:

This practical, first hand experience guide to solo world travel is an easy read that gives you insight into the world of

budget travel as a more mature woman. You can travel anytime, at any age, on any budget. Although written for a woman over forty, most of the tips work for every age. Some of the things you will learn are: ~ How to stay safe ~ Packing tips and packing list ~ Tips on trains, planes, and buses ~ Writing blogs and journals how-to ~ Negotiating the best prices for everything ~ Become acquainted with cultural differences ~ Plus - Travel stories to entertain you So experience life, grab it, and tuck those fears away. You can travel too!

About the Author GAINES BISHOP has traveled the world for decades as a solo woman on a budget. Through visiting 20 countries on five continents, she has developed a good sense of what it takes to travel alone safely. She volunteered in the U.S. Peace Corps in Nicaragua for two years and has lived in 4 countries outside the U.S.