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Solo: On Her Own Adventure (Seal Women's Travel) (2005-05-10)

From Seal Press

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From Seal Press : Solo: On Her Own Adventure (Seal Women's Travel) (2005-05-10) before purchasing it in order to gage whether or not it would be worth my time, and all praised Solo: On Her Own Adventure (Seal Women's Travel) (2005-05-10):

5 of 5 people found the following review helpful. All who wander are not lostBy Linda BallouNever hike alone. How many times have I been admonished not to hike solo? This advice has come from people I respect and I would like to comply, but I can't. The joy and ultimate purpose of the walks I take is to let my mind wander and to take time to allow the tape to run clean and make room for new impressions. This meditative state is hard to achieve when there is another consciousness crowding in on your thoughts. So, even though my father warned me against walking alone on the misty shores of Southeast Alaska when I was a teen, I still wandered away from civilization to absorb the cool breath of the forest. This is why I love these stories by other women who for some reason can't deny their need to experience life on their own terms and to test their own limits. That is what going solo means. You have no one to blame for mishaps and only your own inner river to listen to for advice. It is the path to self-growth and understanding taken by one woman who must ski in Yellowstone in the dead of winter alone, and another who becomes the first woman to sail from San Francisco to Hawaii in the Pacific Cup(a blue water crossing I've dreamed of making myself) solo. There are many more adventures in this anthology that call for a much higher degree of personal fortitude and courage than I have ever mustered on any of my experiences in the wild. This is one of several collections edited by Susan Fox Rogers that stands out on travel narratives shelves as quality examples of women who are not only stretching their limits, but teaching us all how to be brave and true to ourselves.[...]Lost Angel Walkabout-One

Traveler's Tales-Soon to be released0 of 0 people found the following review helpful. Empowering (yeah, I said it)By Chloe StevensAnother great collection of solo memoirs. I love these books because they are so empowering and inspirational to young women. These set of individuals are all prepared, knowledgeable, and awe-stricken individuals with a love and deep appreciation for nature. We are all human, men and women and everyone in between, and we all are a part of this earth and thus deserve to experience it in a solitary way, in spite of society trying to scare the female gender away from doing things alone.0 of 0 people found the following review helpful. Kindred spiritsBy JUDI STRAHOTAGood for women who travel alone - to feel her kindred spirits. Short stories in a variety of places, circumstances and times.