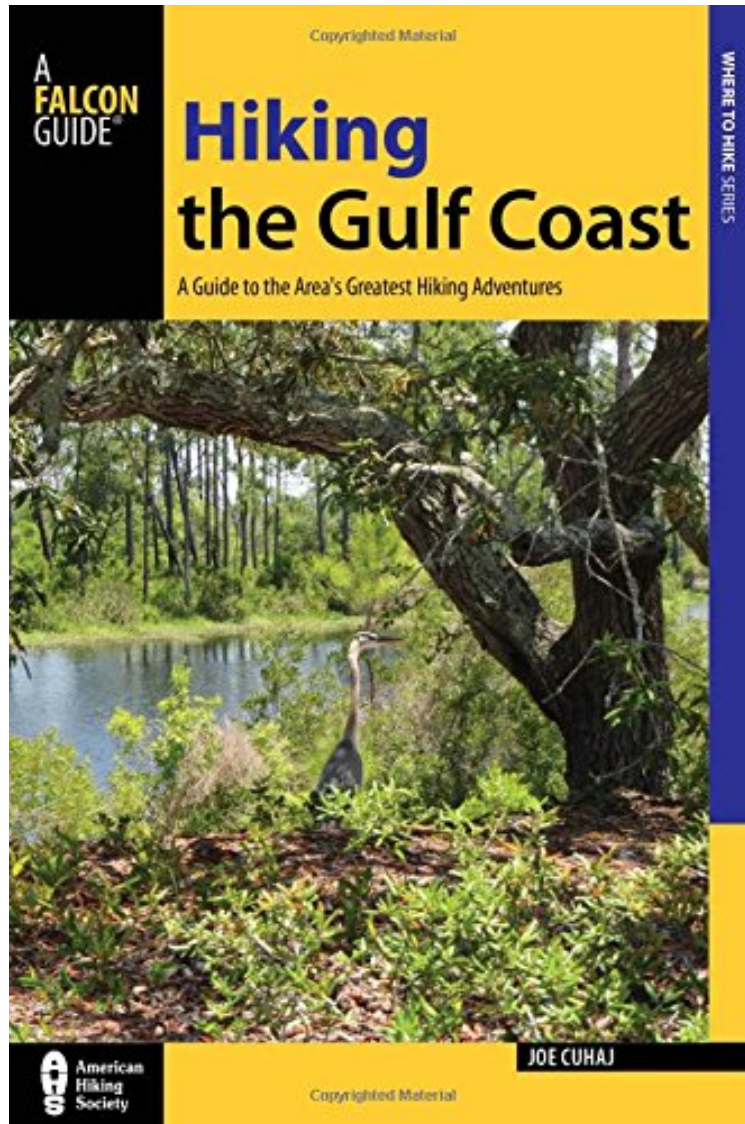


[Free] Hiking the Gulf Coast: A Guide to the Area's Greatest Hiking Adventures (Regional Hiking Series)

Hiking the Gulf Coast: A Guide to the Area's Greatest Hiking Adventures (Regional Hiking Series)

Joe Cuhaj

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Hiking the Gulf Coast highlights the 40 best hikes in the Third Coast region, from easy to more moderate and difficult. The book spans Florida, Alabama, Mississippi, Louisiana, and Texas. Complete with full-color and maps throughout, this is a must-have hiking guide to the area.

About the AuthorJoe Cuhaj is an Alabama transplant, having grown up in Mahwah, New Jersey, near the Harriman/Bear Mountain state parks where his love of hiking and the outdoors began. Joe, his wife, Maggie, daughter Kellie, their two dogs, cat, and horse live in Daphne, Alabama, just east of Mobile, on the Gulf Coast. Joe is a full-time systems programmer for a local company, but finds frequent visits to area wildlife refuges, wetlands, and Oak Mountain State Park solace from the keyboard.