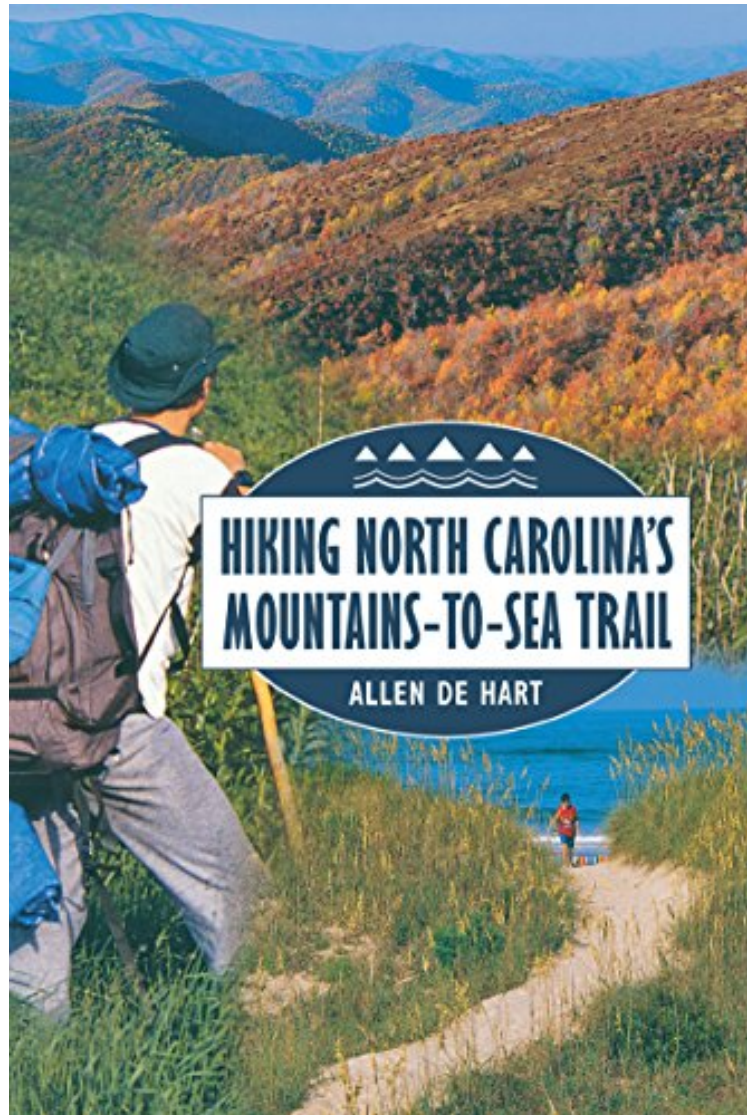


[Download] Hiking North Carolina's Mountains-to-Sea Trail

Hiking North Carolina's Mountains-to-Sea Trail

Allen de Hart

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Allen de Hart : Hiking North Carolina's Mountains-to-Sea Trail before purchasing it in order to gage whether or not it would be worth my time, and all praised Hiking North Carolina's Mountains-to-Sea Trail:

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North Carolina's Mountains-to-Sea Trail offers some of the most rewarding hiking experiences in the East. Covering nearly 1,000 miles, it stretches from Clingman's Dome, the highest peak in the Great Smoky Mountains National Park, to Jockey's Ridge, the largest sand dune on the Atlantic Coast. The route, a mix of some 500 miles of designated and planned hiking trails and 500 miles of state bicycle paths also used for hiking, winds through three national parks, three national forests, seven state parks, two wilderness areas, and two wildlife refuges, as well as farming communities and small towns. The only comprehensive guide to the Mountains-to-Sea Trail, Allen de Hart's book allows hikers to hit the trail with confidence. It is organized around thirty-eight trail sections, each with detailed descriptions, maps, and photographs. De Hart discusses terrain, scenery, plant and animal life, rivers and streams, and historic sites; and his "campside stories" introduce hikers to local history and lore. Also covered are parking; provisions, camping, and lodging; rules and regulations; and health and safety tips.

Whether walking, bicycling, canoeing, or only thinking about a trip, this book provides the information needed to decide where to start the adventure of discovery. (William L. Flournoy Jr., Fellow, American Society of Landscape Architects)"Whether walking, bicycling, canoeing, or only thinking about a trip, this book provides the information needed to decide where to start the adventure of discovery. (William L. Flournoy Jr., Fellow, American Society of Landscape Architects)" This is an invaluable book for those persons who want to discover the landscape and history of a cross-section of North Carolina. The Mountains-to-Sea Trail provides an opportunity to travel at a pace that allows all of the travelers' senses to contribute to the experience, and enhance the interpretation of historic and natural resource features. Whether walking, bicycling, canoeing, or only thinking about a trip, this book provides the information needed to decide where to start the adventure of discovery.--William L. Flournoy Jr., Fellow, American Society of Landscape ArchitectsFrom the Inside FlapThe only comprehensive guide to the North Carolina's Mountains-to-Sea Trail, this book allows hikers to hit the trail with confidence. It is organized around thirty-nine trail sections, each with detailed descriptions, maps, and photographs. The route, a mix of some 500 miles of designated and planned hiking trails and 500 miles of state bicycle paths also used for hiking, winds through three national parks, three national forests, seven state parks, two wilderness areas, and two wildlife refuges, as well as farming communities and small towns.