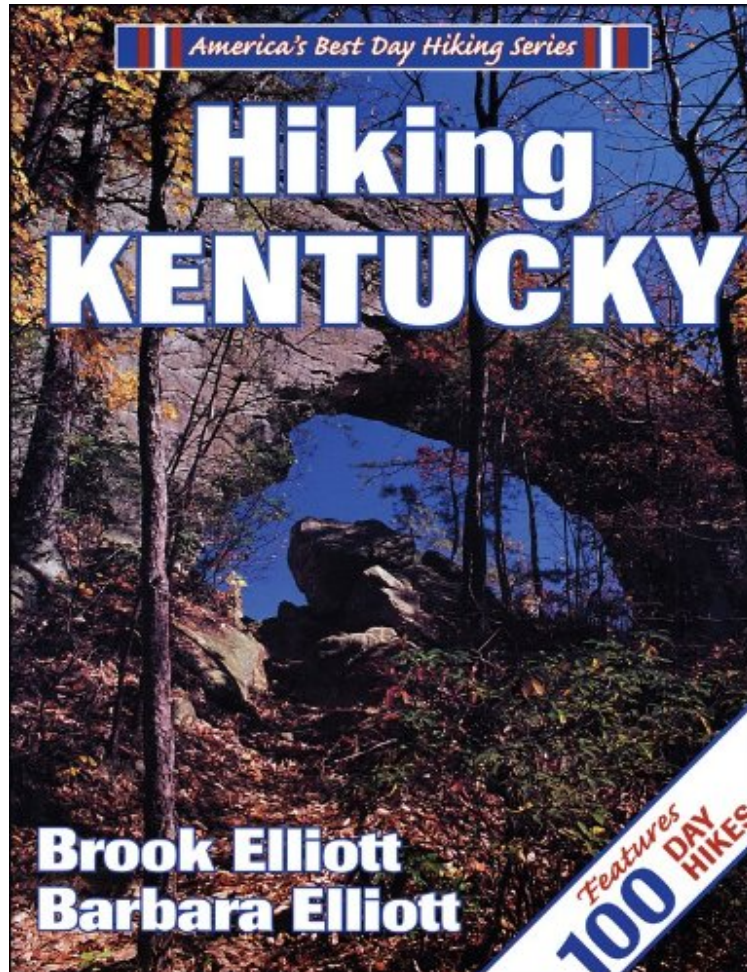


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## Hiking Kentucky (America's Best Day Hiking)

*Brook Elliott, Barbara Elliott*

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**Brook Elliott, Barbara Elliott : Hiking Kentucky (America's Best Day Hiking)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Hiking Kentucky (America's Best Day Hiking):

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This is your complete guide to the most interesting and scenic day-hiking trails in Kentucky. No matter what part of

the state you want to explore or how easy or hard a trek you want, this handy book will lead you to the right trail. Hiking Kentucky features the following:- Detailed descriptions of 100 trails, including the length of trail, estimated time to hike it, and a difficulty rating- 144 easy-to-read park and trail maps- A map of each featured trail, with points of interest and trail distances- Practical information on how to get to parks, the park hours, available facilities, permits and rules, and a contact address and phone number- A convenient trail-finder grid that provides a summary of each trail's features and location in the book- A section on nearby points of interest, with contact phone numbersHiking Kentucky makes it easy to enjoy self-guided tours of trails in all regions of the Bluegrass State. You'll discover beautiful trails in 54 featured spots, including Red River Gorge Geologic Area, Cumberland Gap National Historical Park, Natural Arch Scenic Area, Central Kentucky Wildlife Refuge, and Mammoth Cave National Park. Authors Brook Elliott and Barbara Elliott are outdoor writers and longtime residents of the state who bring to life the history, terrain, flora, and fauna of each area. And their descriptions of nearby recreational and sightseeing destinations ensure that you won't miss anything on your trip. Whether you live in Kentucky or are just visiting, there's no better way to discover the natural beauty of the state than with Hiking Kentucky.

""""It's like having your own personal guide to the most scenic and interesting trails in this beautiful bluegrass state. From one end of Kentucky to another, there's something for every hiker!""""Soc ClayOutdoor writer-photographer """"Hiking Kentucky is a concise, well-organized book that makes selecting trails easy and gives readers a wide range of detailed information on plants, animals, geology, and human history. An excellent update to what we already know about Kentucky's varied hiking experiences.""""Art Lander, Jr. Outdoor writerLexington Herald-LeaderAuthor of Backpacking and Day-Hiking Trails of Kentucky " "It's like having your own personal guide to the most scenic and interesting trails in this beautiful bluegrass state. From one end of Kentucky to another, there's something for every hiker!"Soc ClayOutdoor writer-photographer"Hiking Kentucky is a concise, well-organized book that makes selecting trails easy and gives readers a wide range of detailed information on plants, animals, geology, and human history. An excellent update to what we already know about Kentucky's varied hiking experiences." Art Lander, Jr. Outdoor writerLexington Herald-LeaderAuthor of Backpacking and Day-Hiking Trails of Kentucky From the Publisher"Kentucky has lots to offer the hiker or nature buff. This book can help you explore." Irvine Citizen Voice Times "Its like having your own personal guide to the most scenic and interesting trails in this beautiful bluegrass state. From one end of Kentucky to another, theres something for every hiker!" Soc Clay Outdoor writer-photographer "Hiking Kentucky is a concise, well-organized book that makes selecting trails easy and gives readers a wide range of detailed information on plants, animals, geology, and human history. An excellent update to what we already know about Kentuckys varied hiking experiences." Art Lander, Jr. Outdoor writer Lexington Herald-Leader Author of Backpacking and Day-Hiking Trails of Kentucky