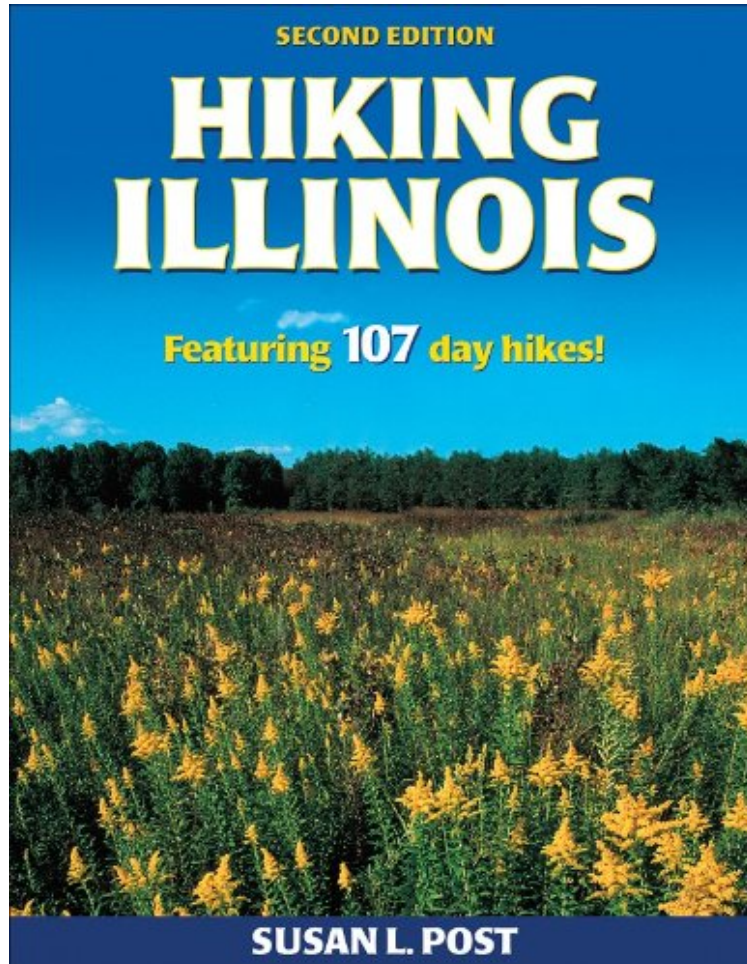


Hiking Illinois - 2nd Edition

Susan Post

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Hiking Illinois is your complete guide to 107 of the most scenic day hikes within the Land of Lincoln. No matter what region you wish to explore or how easy or hard a trek you want, this handy guide will lead you to the right trail. In this one-of-a-kind resource, you'll find the following features:- Detailed descriptions of every hike, in every region, including special points of interest, estimated hiking time and distance, and difficulty ratings for each trail- Phone numbers and Web sites, park hours and rules, and available facilities for 60 of the state's most scenic sites - Easy-to-read maps for every park and trail to help you navigate your hike and locate landmarks and other points of interest- A convenient trail finder that provides a summary of each trail's features and available facilities Hiking Illinois brings to life the history, terrain, flora, and fauna of each area. And the descriptions of nearby recreational and sightseeing destinations ensure you won't miss anything on your trip. Hiking Illinois is your guide to enjoying the great outdoors!

About the Author Susan Post has been a research biologist for the Illinois Natural History Survey since 1978, where she has worked on such jobs as biological control of purple loosestrife, sampling streams for threatened and endangered plants, and sampling horseradish fields for insect pests. Through her work, Susan has become well acquainted with the natural areas of Illinois. Susan is the coauthor of *Illinois Wilds*, a book that showcases the state's natural areas. She is also the staff writer for the *Illinois Steward Magazine* and the author of "Species Spotlight" for *Illinois Natural History Survey Reports*. She is the codirector of the *Illinois Wilds Institute for Nature (IWIN)*, a joint project between the Survey and the University of Illinois Department of Natural Resources and Environmental Sciences that offers field courses to the public on various aspects of Illinois biology.